



ST. MARY'S COLLEGE
(AUTONOMOUS), THRISSUR

Affiliated to University of Calicut
Re-accredited with A+ Grade

AS PART OF
SAGA 26

DEPARTMENT
OF ENGLISH
PRESENTS

INTERCOLLEGIATE EVENT

J.A.M.

JUST A MINUTE



*Speak without hesitation, repetition,
or deviation — and hold the room
for sixty seconds.*



JULY 23, 2026
THURSDAY



12:30 PM
- 2:00 PM



ST. MARY'S COLLEGE
(AUTONOMOUS), THRISSUR



INTERCOLLEGIATE
EVENT



REGISTRATION FEE

₹100
PER PERSON



PRIZE POOL

₹3,000
TO BE WON



JUDGING CRITERIA



01

FLUENCY



02

VOCABULARY



03

COHERENCE



04

CONFIDENCE

SCAN TO REGISTER



FOR ANY QUERIES, CONTACT

Fathima Sameer P.C

73569 74498



PRINCIPAL

Dr. Sr. Meena K Cheruvathoor



ORGANISED BY

Department of English

THINK . SPEAK . INSPIRE .



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RULES & REGULATIONS

ROUND

1



PRELIMINARY ROUND – RANDOM TOPIC

- Participants pick a topic by lot.
- 30–60 seconds to think.
- Speak continuously for 1 minute.
- Judged on fluency, relevance, confidence, language, and time management.

ROUND

2



PICTURE/VISUAL PROMPT

- A picture, cartoon, or short visual is shown.
- Participants speak for 1 minute based on their interpretation.

ROUND

3



STORY BUILDING

- A word, phrase, or theme is given.
- Participants create and narrate a story within one minute.
- Creativity and coherence are emphasized.

ROUND

4



TWIST CHALLENGE

- Participants begin speaking on one topic.
- After 20–30 seconds, the judge changes the topic unexpectedly.
- They must transition smoothly without pausing.

ROUND

5



FINALS – SURPRISE CHALLENGE

JUDGING CRITERIA



CONTENT AND
ORIGINALITY



FLUENCY



CONFIDENCE AND
BODY LANGUAGE



CLARITY OF
SPEECH



RELEVANCE TO
THE TOPIC



TIME
MANAGEMENT

No hesitation, repetition, or deviation from the topic.

THINK . SPEAK . INSPIRE .